



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Jacobsen, Morten

Club: Kolding Motion

Number: 154

Course: 42.16 km

Marathon

Category:

Männer M20

Total time: 4:15:29

Speed: 9.90 km/h

Running performance: 6:04 min/km

Rank in course/Total: 66 (of 311)

Rank in course/Men: 61 (of 279)

Best time in course: 3:02:44

Rank in category: 5(of 19)

Best time in the category: 3:02:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	27:49	5:16	5	6:06	43	6:06	5.27	27:49	5:16	16		67	
Runde	5.27	26:38	5:03	3	4:55	26	4:55	10.54	54:27	5:09	16		55	11:01
Runde	5.27	27:35	5:14	3	5:20	28	5:20	15.81	1:22:02	5:11	16		62	16:21
Runde	5.27	28:47	5:27	3	5:59	33	5:59	21.08	1:50:49	5:15	16		62	22:20
Runde	5.27	31:01	5:53	4	8:25	52	8:25	26.35	2:21:50	5:22	16		62	30:45
Runde	5.27	33:14	6:18	5	10:42	65	10:42	31.62	2:55:04	5:32	16		62	41:27
Runde	5.27	41:12	7:49	10	18:00	159	18:00	36.89	3:36:16	5:51	16		61	59:27
Runde	5.27	39:13	7:26	8	13:18	135	23:28	42.16	4:15:29	6:03	5	1:12:45	67	3:22:07