



10. Unter-Tage Sparkassen Marathon  
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

neumann, claus

Club: Ulm

Number: 265

Course: 42.16 km

Marathon

Category:

Männer M45

Total time: 4:15:58

Speed: 9.85 km/h

Running performance: 6:04 min/km

Rank in course/Total: 69 (of 311)

Rank in course/Men: 64 (of 279)

Best time in course: 3:02:44

Rank in category: 12(of 62)

Best time in the category: 3:40:26

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking				
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	31:47	6:01	34	7:37	136	10:04	5.27	31:47	6:01	46		70	1:14
Runde	5.27	30:08	5:43	21	5:20	83	8:25	10.54	1:01:55	5:52	13		64	18:29
Runde	5.27	29:42	5:38	13	4:01	65	7:27	15.81	1:31:37	5:47	43		47	25:56
Runde	5.27	30:16	5:44	13	3:38	61	7:28	21.08	2:01:53	5:46	43		64	33:24
Runde	5.27	32:19	6:07	15	4:11	80	9:43	26.35	2:34:12	5:51	43		65	43:07
Runde	5.27	35:05	6:39	21	6:00	91	12:33	31.62	3:09:17	5:59	43		65	55:40
Runde	5.27	34:09	6:28	10	4:23	55	10:57	36.89	3:43:26	6:03	42		64	1:06:37
Runde	5.27	32:32	6:10	7	16:47	36	16:47	42.16	4:15:58	6:04	15	3:18:34	69	3:22:36