



10. Unter-Tage Sparkassen Marathon
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Geske, Michael

Club: LSF Münster
Number: 98

Course: 42.16 km
Marathon

Category:
Männer M50

Total time: 4:19:29

Speed: 9.71 km/h
Running performance: 6:09 min/km

Rank in course/Total: 81 (of 311)

Rank in course/Men: 75 (of 279)

Best time in course: 3:02:44

Rank in category: 10(of 47)

Best time in the category: 3:29:07

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	35:19	6:42	33	10:04	214	13:36	5.27	35:19	6:42	34	2:30	80	4:46
Runde	5.27	33:31	6:21	26	8:30	170	11:48	10.54	1:08:50	6:31	34	1:04	75	25:24
Runde	5.27	32:21	6:08	15	6:19	118	10:06	15.81	1:41:11	6:23	34		75	35:30
Runde	5.27	31:44	6:01	11	5:48	91	8:56	21.08	2:12:55	6:18	34		75	44:26
Runde	5.27	31:44	6:01	7	5:25	64	9:08	26.35	2:44:39	6:14	34		75	53:34
Runde	5.27	31:42	6:00	4	4:25	44	9:10	31.62	3:16:21	6:12	34		75	1:02:44
Runde	5.27	31:48	6:02	4	4:09	29	8:36	36.89	3:48:09	6:11	34		74	1:11:20
Runde	5.27	31:20	5:56	5	5:42	28	15:35	42.16	4:19:29	6:09	10	50:22	81	3:26:07