



10. Unter-Tage Sparkassen Marathon
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

König, Yves

Club: Stiege
Number: 189

Course: 42.16 km
Marathon

Category:
Männer M35

Total time: 4:20:06

Speed: 9.69 km/h
Running performance: 6:10 min/km

Rank in course/Total: 82 (of 311)

Rank in course/Men: 76 (of 279)

Best time in course: 3:02:44

Rank in category: 11(of 35)

Best time in the category: 3:26:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	27:26	5:12	8	4:05	39	5:43	5.27	27:26	5:12	29		81	
Runde	5.27	27:40	5:14	8	3:04	36	5:57	10.54	55:06	5:13	18		76	11:40
Runde	5.27	27:51	5:17	8	3:03	32	5:36	15.81	1:22:57	5:14	18		76	17:16
Runde	5.27	29:32	5:36	8	4:01	48	6:44	21.08	1:52:29	5:20	18		76	24:00
Runde	5.27	32:01	6:04	12	5:57	71	9:25	26.35	2:24:30	5:29	18		76	33:25
Runde	5.27	36:18	6:53	15	9:59	110	13:46	31.62	3:00:48	5:43	18		76	47:11
Runde	5.27	40:13	7:37	23	13:07	151	17:01	36.89	3:41:01	5:59	18		75	1:04:12
Runde	5.27	39:05	7:24	20	12:27	131	23:20	42.16	4:20:06	6:10	12	3:18:23	82	3:26:44