



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Soff, Andreas

Club: 100 MC DEUTSCHLAND
Number: 383

Course: 42.16 km
Marathon

Category:
Männer M50

Total time: 4:21:26

Speed: 9.64 km/h
Running performance: 6:12 min/km

Rank in course/Total: 84 (of 311)

Rank in course/Men: 78 (of 279)

Best time in course: 3:02:44

Rank in category: 11(of 47)

Best time in the category: 3:29:07

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	5.27	35:06	6:39	30	9:51	207	13:23	5.27	35:06	6:39	11	2:17	83	4:33
Runde	5.27	33:26	6:20	23	8:25	164	11:43	10.54	1:08:32	6:30	35	0:46	78	25:06
Runde	5.27	31:56	6:03	14	5:54	107	9:41	15.81	1:40:28	6:21	35		78	34:47
Runde	5.27	31:54	6:03	13	5:58	93	9:06	21.08	2:12:22	6:16	35		78	43:53
Runde	5.27	32:29	6:09	12	6:10	85	9:53	26.35	2:44:51	6:15	35		78	53:46
Runde	5.27	31:56	6:03	7	4:39	50	9:24	31.62	3:16:47	6:13	35		78	1:03:10
Runde	5.27	34:23	6:31	10	6:44	59	11:11	36.89	3:51:10	6:15	35		77	1:14:21
Runde	5.27	30:16	5:44	4	4:38	20	14:31	42.16	4:21:26	6:12	11	52:19	84	3:28:04