



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Tille, Kristina

Club: SV Elbland Coswig-Meißen e.V.
Number: 404

Course: 42.16 km
Marathon

Category:
Frauen W35

Total time: 4:23:35

Speed: 9.56 km/h
Running performance: 6:15 min/km

Rank in course/Total: 88 (of 311)

Rank in course/Women: 7 (of 32)

Best time in course: 3:54:55

Rank in category: 3(of 5)

Best time in the category: 4:04:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	5.27	29:32	5:36	1	-	4	3:19	5.27	29:32	5:36	3			24
Runde	5.27	31:30	5:58	3	0:55	8	4:39	10.54	1:01:02	5:47	3			24
Runde	5.27	32:55	6:14	3	2:35	8	4:42	15.81	1:33:57	5:56	3	2:23		24
Runde	5.27	33:12	6:17	3	3:06	8	3:58	21.08	2:07:09	6:01	3	5:29		24
Runde	5.27	34:04	6:27	3	3:25	7	3:37	26.35	2:41:13	6:07	3	8:54		24
Runde	5.27	34:15	6:29	3	3:18	7	3:40	31.62	3:15:28	6:10	3	12:12		24
Runde	5.27	34:30	6:32	3	3:26	7	3:26	36.89	3:49:58	6:14	3	15:38		24
Runde	5.27	33:37	6:22	3	3:08	6	3:08	42.16	4:23:35	6:15	3	18:46	10	3:45:30