



10. Unter-Tage Sparkassen Marathon
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Liebe, Kai-Uwe

Club: laufschnucken liebe
Number: 215

Course: 21.08 km
Halbmarathon

Category:
Männer M40

Total time: 2:15:47

Speed: 9.28 km/h
Running performance: 6:26 min/km

Rank in course/Total: 16 (of 64)

Rank in course/Men: 16 (of 53)

Best time in course: 1:47:19

Rank in category: 5(of 12)

Best time in the category: 1:50:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	31:52	6:02	5	4:35	16	5:54	5.27	31:52	6:02	5	4:35	39	
Runde	5.27	32:28	6:09	5	5:50	17	6:17	10.54	1:04:20	6:06	5	10:25	39	
Runde	5.27	33:42	6:23	6	6:23	17	6:23	15.81	1:38:02	6:12	5	16:48	39	
Runde	5.27	37:45	7:09	9	8:58	24	37:17	21.08	2:15:47	6:26	5	25:46	16	28:28