



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Tonn, Mark

Club: TSV Schleswig
Number: 407

Course: 42.16 km
Marathon

Category:
Männer M40

Total time: 4:30:25

Speed: 9.32 km/h
Running performance: 6:25 min/km

Rank in course/Total: 99 (of 311)

Rank in course/Men: 92 (of 279)

Best time in course: 3:02:44

Rank in category: 23(of 62)

Best time in the category: 3:33:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	29:51	5:39	15	7:05	75	8:08	5.27	29:51	5:39	55		97	
Runde	5.27	29:04	5:30	15	5:23	61	7:21	10.54	58:55	5:35	54		92	15:29
Runde	5.27	31:15	5:55	22	6:32	97	9:00	15.81	1:30:10	5:42	54		92	24:29
Runde	5.27	32:27	6:09	22	6:41	104	9:39	21.08	2:02:37	5:49	54		92	34:08
Runde	5.27	33:44	6:24	24	7:14	102	11:08	26.35	2:36:21	5:56	54		92	45:16
Runde	5.27	35:51	6:48	26	7:42	104	13:19	31.62	3:12:12	6:04	54		92	58:35
Runde	5.27	41:04	7:47	36	12:37	156	17:52	36.89	3:53:16	6:19	54		91	1:16:27
Runde	5.27	37:09	7:02	26	10:09	96	21:24	42.16	4:30:25	6:24	24	3:37:03	98	3:37:03