



10. Unter-Tage Sparkassen Marathon
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Hesch, Walter

Club: Geretsried
Number: 136

Course: 42.16 km
Marathon

Category:
Männer M45

Total time: 4:30:50

Speed: 9.30 km/h
Running performance: 6:25 min/km

Rank in course/Total: 104 (of 311)

Rank in course/Men: 97 (of 279)

Best time in course: 3:02:44

Rank in category: 22(of 62)

Best time in the category: 3:40:26

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	28:06	5:19	8	3:56	49	6:23	5.27	28:06	5:19	55		101	
Runde	5.27	28:00	5:18	6	3:12	39	6:17	10.54	56:06	5:19	52		96	12:40
Runde	5.27	28:55	5:29	8	3:14	47	6:40	15.81	1:25:01	5:22	52		96	19:20
Runde	5.27	29:12	5:32	7	2:34	40	6:24	21.08	1:54:13	5:25	33		19	25:44
Runde	5.27	32:51	6:14	18	4:43	88	10:15	26.35	2:27:04	5:34	52		96	35:59
Runde	5.27	36:55	7:00	29	7:50	121	14:23	31.62	3:03:59	5:49	52		96	50:22
Runde	5.27	43:30	8:15	44	13:44	187	20:18	36.89	3:47:29	6:09	51		95	1:10:40
Runde	5.27	43:21	8:13	47	27:36	177	27:36	42.16	4:30:50	6:25	25	3:33:26	103	3:37:28