



# 10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

## Detailed evaluation

**Schwan, Stefan**

Club: Halle  
Number: 368

Course: 42.16 km  
Marathon

Category:  
Männer M30

Total time: 4:34:25

Speed: 9.22 km/h  
Running performance: 6:31 min/km

Rank in course/Total: 113 (of 311)

Rank in course/Men: 106 (of 279)

Best time in course: 3:02:44

Rank in category: 17(of 33)

Best time in the category: 3:37:39

## Intermediate times

## Stage score

## Total ranking

| Control | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men | Total<br>km | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
|---------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|
| Runde   | 5.27        | 30:33         | 5:47            | 17          | 6:04           | 91         | 8:50          | 5.27        | 30:33         | 5:47            | 10          |                | 1          | -             |
| Runde   | 5.27        | 31:09         | 5:54            | 17          | 6:42           | 110        | 9:26          | 10.54       | 1:01:42       | 5:51            | 10          |                | 106        | 18:16         |
| Runde   | 5.27        | 32:56         | 6:14            | 19          | 8:57           | 132        | 10:41         | 15.81       | 1:34:38       | 5:59            | 10          |                | 106        | 28:57         |
| Runde   | 5.27        | 33:59         | 6:26            | 20          | 8:32           | 137        | 11:11         | 21.08       | 2:08:37       | 6:06            | 10          |                | 106        | 40:08         |
| Runde   | 5.27        | 33:15         | 6:18            | 16          | 6:44           | 95         | 10:39         | 26.35       | 2:41:52       | 6:08            | 10          |                | 106        | 50:47         |
| Runde   | 5.27        | 35:37         | 6:45            | 15          | 7:24           | 100        | 13:05         | 31.62       | 3:17:29       | 6:14            | 10          |                | 106        | 1:03:52       |
| Runde   | 5.27        | 38:31         | 7:18            | 15          | 8:28           | 121        | 15:19         | 36.89       | 3:56:00       | 6:23            | 10          |                | 105        | 1:19:11       |
| Runde   | 5.27        | 38:25         | 7:17            | 15          | 9:53           | 123        | 22:40         | 42.16       | 4:34:25       | 6:30            | 17          | 56:46          | 112        | 3:41:03       |