



10. Unter-Tage Sparkassen Marathon  
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Götz, Volker

Club: Hoppengarten  
Number: 105

Course: 42.16 km  
Marathon

Category:  
Männer M45

Total time: 4:34:29

Speed: 9.18 km/h  
Running performance: 6:31 min/km

Rank in course/Total: 114 (of 311)

Rank in course/Men: 107 (of 279)

Best time in course: 3:02:44

Rank in category: 23(of 62)

Best time in the category: 3:40:26

Intermediate times

Stage score

Total ranking

| Control | Intermediate times |            |              |          |             | Stage score |            |          |            | Total ranking |          |             |         |            |
|---------|--------------------|------------|--------------|----------|-------------|-------------|------------|----------|------------|---------------|----------|-------------|---------|------------|
|         | Split km           | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men     | Behind Men | Total km | Total Time | Total min/km  | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde   | 5.27               | 30:23      | 5:45         | 19       | 6:13        | 85          | 8:40       | 5.27     | 30:23      | 5:45          | 57       |             | 112     |            |
| Runde   | 5.27               | 30:35      | 5:48         | 24       | 5:47        | 95          | 8:52       | 10.54    | 1:00:58    | 5:47          | 54       |             | 107     | 17:32      |
| Runde   | 5.27               | 32:00      | 6:04         | 29       | 6:19        | 111         | 9:45       | 15.81    | 1:32:58    | 5:52          | 54       |             | 107     | 27:17      |
| Runde   | 5.27               | 33:09      | 6:17         | 29       | 6:31        | 114         | 10:21      | 21.08    | 2:06:07    | 5:58          | 54       |             | 107     | 37:38      |
| Runde   | 5.27               | 35:51      | 6:48         | 32       | 7:43        | 142         | 13:15      | 26.35    | 2:41:58    | 6:08          | 54       |             | 107     | 50:53      |
| Runde   | 5.27               | 36:52      | 6:59         | 28       | 7:47        | 120         | 14:20      | 31.62    | 3:18:50    | 6:17          | 54       |             | 107     | 1:05:13    |
| Runde   | 5.27               | 38:18      | 7:16         | 29       | 8:32        | 116         | 15:06      | 36.89    | 3:57:08    | 6:25          | 53       |             | 106     | 1:20:19    |
| Runde   | 5.27               | 37:21      | 7:05         | 25       | 21:36       | 99          | 21:36      | 42.16    | 4:34:29    | 6:30          | 26       | 3:37:05     | 113     | 3:41:07    |