



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Kluschat, Bernhard

Club: Essen
Number: 185

Course: 42.16 km
Marathon

Category:
Männer M45

Total time: 4:35:10

Speed: 9.19 km/h
Running performance: 6:32 min/km

Rank in course/Total: 118 (of 311)

Rank in course/Men: 111 (of 279)

Best time in course: 3:02:44

Rank in category: 25(of 62)

Best time in the category: 3:40:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	33:51	6:25	45	9:41	177	12:08	5.27	33:51	6:25	59	1:18	116	3:18
Runde	5.27	35:06	6:39	44	10:18	198	13:23	10.54	1:08:57	6:32	56	3:02	111	25:31
Runde	5.27	33:46	6:24	36	8:05	151	11:31	15.81	1:42:43	6:29	56	0:41	111	37:02
Runde	5.27	33:16	6:18	31	6:38	118	10:28	21.08	2:15:59	6:27	56		111	47:30
Runde	5.27	33:48	6:24	24	5:40	104	11:12	26.35	2:49:47	6:26	56		111	58:42
Runde	5.27	33:29	6:21	13	4:24	69	10:57	31.62	3:23:16	6:25	56		111	1:09:39
Runde	5.27	35:33	6:44	16	5:47	72	12:21	36.89	3:58:49	6:28	55		110	1:22:00
Runde	5.27	36:21	6:53	18	20:36	80	20:36	42.16	4:35:10	6:31	28	3:37:46	117	3:41:48