



# 10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

## Detailed evaluation

**Wurschi, Frank**

Club: kfo-weimar  
Number: 446

Course: 42.16 km  
Marathon

Category:  
Männer M45

Total time: 4:40:31

Speed: 8.98 km/h  
Running performance: 6:39 min/km

Rank in course/Total: 126 (of 311)

Rank in course/Men: 118 (of 279)

Best time in course: 3:02:44

Rank in category: 29(of 62)

Best time in the category: 3:40:26

### Intermediate times

### Stage score

### Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	5.27	30:58	5:52	24	6:48	106	9:15	5.27	30:58	5:52	17		123	0:25
Runde	5.27	36:45	6:58	52	11:57	225	15:02	10.54	1:07:43	6:25	60	1:48	118	24:17
Runde	5.27	37:55	7:11	52	12:14	238	15:40	15.81	1:45:38	6:40	60	3:36	118	39:57
Runde	5.27	32:25	6:09	25	5:47	102	9:37	21.08	2:18:03	6:32	8		118	49:34
Runde	5.27	35:23	6:42	30	7:15	134	12:47	26.35	2:53:26	6:34	60		118	1:02:21
Runde	5.27	34:24	6:31	17	5:19	82	11:52	31.62	3:27:50	6:34	60		118	1:14:13
Runde	5.27	35:36	6:45	17	5:50	73	12:24	36.89	4:03:26	6:35	59		117	1:26:37
Runde	5.27	37:05	7:02	24	21:20	93	21:20	42.16	4:40:31	6:39	32	3:43:07	124	3:47:09