



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Eberhardt, Manuel

Club: Lauf-KulTour e.V.
Number: 66

Course: 42.16 km
Marathon

Category:
Männer M20

Total time: 4:43:11

Speed: 8.90 km/h
Running performance: 6:43 min/km

Rank in course/Total: 133 (of 311)

Rank in course/Men: 125 (of 279)

Best time in course: 3:02:44

Rank in category: 8(of 19)

Best time in the category: 3:02:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	34:11	6:29	10	12:28	183	12:28	5.27	34:11	6:29	12		130	3:38
Runde	5.27	34:36	6:33	12	12:53	187	12:53	10.54	1:08:47	6:31	13	1:18	125	25:21
Runde	5.27	34:38	6:34	12	12:23	176	12:23	15.81	1:43:25	6:32	12	3:51	125	37:44
Runde	5.27	34:26	6:32	12	11:38	144	11:38	21.08	2:17:51	6:32	13	5:22	125	49:22
Runde	5.27	36:22	6:54	11	13:46	152	13:46	26.35	2:54:13	6:36	12	6:52	125	1:03:08
Runde	5.27	35:35	6:45	7	13:03	98	13:03	31.62	3:29:48	6:38	13	5:10	125	1:16:11
Runde	5.27	35:45	6:47	5	12:33	74	12:33	36.89	4:05:33	6:39	12		124	1:28:44
Runde	5.27	37:38	7:08	6	11:43	104	21:53	42.16	4:43:11	6:43	8	1:40:27	131	3:49:49