



# 10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

## Detailed evaluation

**Gnauert, René**

Club: Berlin  
Number: 103

Course: 42.16 km  
Marathon

Category:  
Männer M35

Total time: 4:45:19

Speed: 8.83 km/h  
Running performance: 6:46 min/km

Rank in course/Total: 142 (of 311)

Rank in course/Men: 134 (of 279)

Best time in course: 3:02:44

Rank in category: 20(of 35)

Best time in the category: 3:26:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	32:07	6:05	22	8:46	144	10:24	5.27	32:07	6:05	2		138	1:34
Runde	5.27	32:23	6:08	21	7:47	135	10:40	10.54	1:04:30	6:07	10		133	21:04
Runde	5.27	32:43	6:12	19	7:55	125	10:28	15.81	1:37:13	6:08	10		133	31:32
Runde	5.27	32:48	6:13	15	7:17	108	10:00	21.08	2:10:01	6:10	10		133	41:32
Runde	5.27	36:25	6:54	23	10:21	155	13:49	26.35	2:46:26	6:18	10		133	55:21
Runde	5.27	41:06	7:47	28	14:47	192	18:34	31.62	3:27:32	6:33	10		133	1:13:55
Runde	5.27	38:54	7:22	21	11:48	133	15:42	36.89	4:06:26	6:40	10		132	1:29:37
Runde	5.27	38:53	7:22	19	12:15	127	23:08	42.16	4:45:19	6:46	21	3:43:36	140	3:51:57