



# 10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

## Detailed evaluation

Schacht, Frank

Club: Leitstelle EN  
Number: 327

Course: 42.16 km  
Marathon

Category:  
Männer M45

Total time: 4:46:38

Speed: 8.79 km/h  
Running performance: 6:48 min/km

Rank in course/Total: 148 (of 311)

Rank in course/Men: 139 (of 279)

Best time in course: 3:02:44

Rank in category: 37(of 62)

Best time in the category: 3:40:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	34:21	6:31	47	10:11	192	12:38	5.27	34:21	6:31	9	1:48	143	3:48
Runde	5.27	33:41	6:23	40	8:53	176	11:58	10.54	1:08:02	6:27	8	2:07	138	24:36
Runde	5.27	34:43	6:35	39	9:02	180	12:28	15.81	1:42:45	6:29	8	0:43	138	37:04
Runde	5.27	35:18	6:41	39	8:40	168	12:30	21.08	2:18:03	6:32	8		118	49:34
Runde	5.27	36:14	6:52	34	8:06	150	13:38	26.35	2:54:17	6:36	8		138	1:03:12
Runde	5.27	36:43	6:58	27	7:38	117	14:11	31.62	3:31:00	6:40	8		138	1:17:23
Runde	5.27	37:27	7:06	23	7:41	99	14:15	36.89	4:08:27	6:44	8		137	1:31:38
Runde	5.27	38:11	7:14	29	22:26	116	22:26	42.16	4:46:38	6:47	40	3:49:14	145	3:53:16