



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Brandt, Sebastian

Club: Veloraptor
Number: 39

Course: 42.16 km
Marathon

Category:
Männer M20

Total time: 4:48:32

Speed: 8.73 km/h
Running performance: 6:50 min/km

Rank in course/Total: 156 (of 311)

Rank in course/Men: 146 (of 279)

Best time in course: 3:02:44

Rank in category: 9(of 19)

Best time in the category: 3:02:44

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	5.27	34:11	6:29	10	12:28	183	12:28	5.27	34:11	6:29	12		130	3:38
Runde	5.27	34:37	6:34	13	12:54	188	12:54	10.54	1:08:48	6:31	12	1:19	146	25:22
Runde	5.27	34:37	6:34	11	12:22	175	12:22	15.81	1:43:25	6:32	12	3:51	125	37:44
Runde	5.27	34:25	6:31	11	11:37	143	11:37	21.08	2:17:50	6:32	12	5:21	146	49:21
Runde	5.27	36:23	6:54	12	13:47	154	13:47	26.35	2:54:13	6:36	12	6:52	125	1:03:08
Runde	5.27	35:34	6:44	6	13:02	97	13:02	31.62	3:29:47	6:38	12	5:09	146	1:16:10
Runde	5.27	35:46	6:47	6	12:34	75	12:34	36.89	4:05:33	6:39	12		124	1:28:44
Runde	5.27	42:59	8:09	9	17:04	169	27:14	42.16	4:48:32	6:50	9	1:45:48	152	3:55:10