



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Kühnemund, Hannes

Club: SAP Running
Number: 203

Course: 42.16 km
Marathon

Category:
Männer M30

Total time: 4:50:56

Speed: 8.66 km/h
Running performance: 6:54 min/km

Rank in course/Total: 162 (of 311)

Rank in course/Men: 152 (of 279)

Best time in course: 3:02:44

Rank in category: 21(of 33)

Best time in the category: 3:37:39

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	5.27	34:13	6:29	24	9:44	188	12:30	5.27	34:13	6:29	5		157	3:40
Runde	5.27	33:07	6:17	22	8:40	154	11:24	10.54	1:07:20	6:23	5		152	23:54
Runde	5.27	33:42	6:23	22	9:43	150	11:27	15.81	1:41:02	6:23	5		152	35:21
Runde	5.27	34:40	6:34	22	9:13	149	11:52	21.08	2:15:42	6:26	5		152	47:13
Runde	5.27	36:07	6:51	23	9:36	148	13:31	26.35	2:51:49	6:31	5		152	1:00:44
Runde	5.27	38:23	7:17	21	10:10	153	15:51	31.62	3:30:12	6:38	5		152	1:16:35
Runde	5.27	42:58	8:09	24	12:55	185	19:46	36.89	4:13:10	6:51	5		151	1:36:21
Runde	5.27	37:46	7:09	14	9:14	110	22:01	42.16	4:50:56	6:54	21	1:13:17	158	3:57:34