



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Fobbe, Thomas

Club: Dortmund
Number: 87

Course: 42.16 km
Marathon

Category:
Männer M35

Total time: 4:52:23

Speed: 8.62 km/h
Running performance: 6:56 min/km

Rank in course/Total: 166 (of 311)

Rank in course/Men: 156 (of 279)

Best time in course: 3:02:44

Rank in category: 22(of 35)

Best time in the category: 3:26:19

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	5.27	31:19	5:56	17	7:58	115	9:36	5.27	31:19	5:56	5		94	0:46
Runde	5.27	33:05	6:16	23	8:29	152	11:22	10.54	1:04:24	6:06	4		154	20:58
Runde	5.27	33:11	6:17	23	8:23	142	10:56	15.81	1:37:35	6:10	4		155	31:54
Runde	5.27	34:45	6:35	23	9:14	152	11:57	21.08	2:12:20	6:16	4		154	43:51
Runde	5.27	35:53	6:48	21	9:49	144	13:17	26.35	2:48:13	6:23	4		155	57:08
Runde	5.27	38:14	7:15	22	11:55	151	15:42	31.62	3:26:27	6:31	4		155	1:12:50
Runde	5.27	42:48	8:07	26	15:42	178	19:36	36.89	4:09:15	6:45	4		153	1:32:26
Runde	5.27	43:08	8:11	23	16:30	173	27:23	42.16	4:52:23	6:56	23	3:50:40	162	3:59:01