



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Kraus, Thomas

Club: SV Königshofen
Number: 193

Course: 42.16 km
Marathon

Category:
Männer M35

Total time: 4:52:45

Speed: 8.61 km/h
Running performance: 6:56 min/km

Rank in course/Total: 169 (of 311)

Rank in course/Men: 158 (of 279)

Best time in course: 3:02:44

Rank in category: 23(of 35)

Best time in the category: 3:26:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	35:43	6:46	31	12:22	223	14:00	5.27	35:43	6:46	6	1:31	162	5:10
Runde	5.27	34:16	6:30	29	9:40	185	12:33	10.54	1:09:59	6:38	5	5:20	157	26:33
Runde	5.27	33:26	6:20	25	8:38	144	11:11	15.81	1:43:25	6:32	5	1:42	125	37:44
Runde	5.27	34:43	6:35	22	9:12	151	11:55	21.08	2:18:08	6:33	5		157	49:39
Runde	5.27	38:41	7:20	26	12:37	186	16:05	26.35	2:56:49	6:42	5		157	1:05:44
Runde	5.27	38:43	7:20	24	12:24	161	16:11	31.62	3:35:32	6:48	5		157	1:21:55
Runde	5.27	38:51	7:22	19	11:45	131	15:39	36.89	4:14:23	6:53	5		156	1:37:34
Runde	5.27	38:22	7:16	17	11:44	120	22:37	42.16	4:52:45	6:56	24	3:51:02	164	3:59:23