



10. Unter-Tage Sparkassen Marathon  
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Markiewicz, Werner

Club: VfL Bückeberg  
Number: 207

Course: 42.16 km  
Marathon

Category:  
Männer M50

Total time: 4:52:57

Speed: 8.60 km/h  
Running performance: 6:57 min/km

Rank in course/Total: 170 (of 311)

Rank in course/Men: 159 (of 279)

Best time in course: 3:02:44

Rank in category: 23(of 47)

Best time in the category: 3:29:07

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	5.27	34:02	6:27	23	8:47	179	12:19	5.27	34:02	6:27	47	1:13	158	3:29
Runde	5.27	33:37	6:22	27	8:36	175	11:54	10.54	1:07:39	6:25	47		159	24:13
Runde	5.27	34:12	6:29	23	8:10	159	11:57	15.81	1:41:51	6:26	47		159	36:10
Runde	5.27	35:09	6:40	22	9:13	163	12:21	21.08	2:17:00	6:29	19		159	48:31
Runde	5.27	35:08	6:40	17	8:49	127	12:32	26.35	2:52:08	6:31	47		159	1:01:03
Runde	5.27	38:53	7:22	25	11:36	162	16:21	31.62	3:31:01	6:40	47		159	1:17:24
Runde	5.27	40:06	7:36	23	12:27	150	16:54	36.89	4:11:07	6:48	47		158	1:34:18
Runde	5.27	41:50	7:56	24	16:12	162	26:05	42.16	4:52:57	6:56	23	1:23:50	165	3:59:35