



10. Unter-Tage Sparkassen Marathon
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Zimmermann, Jörg

Club: Halberstadt
Number: 448

Course: 42.16 km
Marathon

Category:
Männer M40

Total time: 4:54:15

Speed: 8.56 km/h
Running performance: 6:59 min/km

Rank in course/Total: 173 (of 311)

Rank in course/Men: 161 (of 279)

Best time in course: 3:02:44

Rank in category: 35(of 62)

Best time in the category: 3:33:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	32:48	6:13	38	10:02	158	11:05	5.27	32:48	6:13	5	0:11	2	2:15
Runde	5.27	34:38	6:34	45	10:57	190	12:55	10.54	1:07:26	6:23	5	2:25	161	24:00
Runde	5.27	36:12	6:52	49	11:29	207	13:57	15.81	1:43:38	6:33	5	4:08	161	37:57
Runde	5.27	38:16	7:15	49	12:30	213	15:28	21.08	2:21:54	6:43	5	4:39	161	53:25
Runde	5.27	37:55	7:11	40	11:25	178	15:19	26.35	2:59:49	6:49	5		161	1:08:44
Runde	5.27	39:41	7:31	37	11:32	174	17:09	31.62	3:39:30	6:56	5		161	1:25:53
Runde	5.27	38:48	7:21	29	10:21	127	15:36	36.89	4:18:18	7:00	5		160	1:41:29
Runde	5.27	35:57	6:49	17	8:57	74	20:12	42.16	4:54:15	6:58	36	4:00:53	167	4:00:53