



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Klein, Hajo

Club: Multisport Darmstadt
Number: 183

Course: 42.16 km
Marathon

Category:
Männer M45

Total time: 4:56:48

Speed: 8.49 km/h
Running performance: 7:02 min/km

Rank in course/Total: 181 (of 311)

Rank in course/Men: 168 (of 279)

Best time in course: 3:02:44

Rank in category: 42(of 62)

Best time in the category: 3:40:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	30:54	5:51	23	6:44	101	9:11	5.27	30:54	5:51	14		84	0:21
Runde	5.27	31:01	5:53	28	6:13	108	9:18	10.54	1:01:55	5:52	13		64	18:29
Runde	5.27	33:08	6:17	34	7:27	139	10:53	15.81	1:35:03	6:00	13		168	29:22
Runde	5.27	34:37	6:34	37	7:59	148	11:49	21.08	2:09:40	6:09	13		168	41:11
Runde	5.27	37:19	7:04	40	9:11	169	14:43	26.35	2:46:59	6:20	13		168	55:54
Runde	5.27	43:06	8:10	52	14:01	222	20:34	31.62	3:30:05	6:38	13		168	1:16:28
Runde	5.27	44:51	8:30	49	15:05	203	21:39	36.89	4:14:56	6:54	13		167	1:38:07
Runde	5.27	41:52	7:56	42	26:07	163	26:07	42.16	4:56:48	7:02	45	3:59:24	173	4:03:26