



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Kessler, Tobias

Club: CaBa`s CaBaNauTeN
Number: 175

Course: 42.16 km
Marathon

Category:
Männer M30

Total time: 4:56:55

Speed: 8.49 km/h
Running performance: 7:02 min/km

Rank in course/Total: 182 (of 311)

Rank in course/Men: 169 (of 279)

Best time in course: 3:02:44

Rank in category: 24(of 33)

Best time in the category: 3:37:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	32:37	6:11	22	8:08	152	10:54	5.27	32:37	6:11	8		174	2:04
Runde	5.27	32:23	6:08	20	7:56	135	10:40	10.54	1:05:00	6:10	8		169	21:34
Runde	5.27	36:42	6:57	28	12:43	214	14:27	15.81	1:41:42	6:25	8		169	36:01
Runde	5.27	41:38	7:54	33	16:11	263	18:50	21.08	2:23:20	6:47	8		169	54:51
Runde	5.27	39:40	7:31	29	13:09	204	17:04	26.35	3:03:00	6:56	8		169	1:11:55
Runde	5.27	39:19	7:27	23	11:06	169	16:47	31.62	3:42:19	7:01	8		169	1:28:42
Runde	5.27	39:18	7:27	17	9:15	137	16:06	36.89	4:21:37	7:05	8		168	1:44:48
Runde	5.27	35:18	6:41	10	6:46	69	19:33	42.16	4:56:55	7:02	24	1:19:16	175	4:03:33