



10. Unter-Tage Sparkassen Marathon
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Panzer, Alexander

Club: Neckarwestheim
Number: 280

Course: 42.16 km
Marathon

Category:
Männer M20

Total time: 4:57:35

Speed: 8.47 km/h
Running performance: 7:04 min/km

Rank in course/Total: 183 (of 311)

Rank in course/Men: 170 (of 279)

Best time in course: 3:02:44

Rank in category: 11(of 19)

Best time in the category: 3:02:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	31:58	6:03	8	10:15	138	10:15	5.27	31:58	6:03	10		175	1:25
Runde	5.27	30:10	5:43	8	8:27	86	8:27	10.54	1:02:08	5:53	10		170	18:42
Runde	5.27	31:02	5:53	8	8:47	93	8:47	15.81	1:33:10	5:53	10		170	27:29
Runde	5.27	33:57	6:26	10	11:09	136	11:09	21.08	2:07:07	6:01	10		170	38:38
Runde	5.27	35:17	6:41	9	12:41	130	12:41	26.35	2:42:24	6:09	10		170	51:19
Runde	5.27	38:29	7:18	11	15:57	155	15:57	31.62	3:20:53	6:21	10		170	1:07:16
Runde	5.27	45:21	8:36	13	22:09	208	22:09	36.89	4:06:14	6:40	10		169	1:29:25
Runde	5.27	51:21	9:44	18	25:26	263	35:36	42.16	4:57:35	7:03	11	1:54:51	176	4:04:13