



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Walter, Sebastian

Club: Team Arithnea ASK München Süd
Number: 421

Course: 42.16 km
Marathon

Category:
Männer M20

Total time: 5:00:33

Speed: 8.38 km/h
Running performance: 7:08 min/km

Rank in course/Total: 186 (of 311)

Rank in course/Men: 173 (of 279)

Best time in course: 3:02:44

Rank in category: 12(of 19)

Best time in the category: 3:02:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	37:08	7:02	14	15:25	232	15:25	5.27	37:08	7:02	9	2:53	179	6:35
Runde	5.27	42:32	8:04	19	20:49	274	20:49	10.54	1:19:40	7:33	9	12:11	174	36:14
Runde	5.27	44:01	8:21	19	21:46	274	21:46	15.81	2:03:41	7:49	9	24:07	174	58:00
Runde	5.27	32:40	6:11	8	9:52	107	9:52	21.08	2:36:21	7:25	9	23:52	174	1:07:52
Runde	5.27	34:06	6:28	6	11:30	109	11:30	26.35	3:10:27	7:13	9	23:06	174	1:19:22
Runde	5.27	35:35	6:45	7	13:03	98	13:03	31.62	3:46:02	7:08	9	21:24	174	1:32:25
Runde	5.27	36:35	6:56	8	13:23	87	13:23	36.89	4:22:37	7:07	9	15:05	173	1:45:48
Runde	5.27	37:56	7:11	7	12:01	113	22:11	42.16	5:00:33	7:07	12	1:57:49	179	4:07:11