



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Wojciechowski, Cornelia

Club: SV Kyffhäuser
Number: 440

Course: 42.16 km
Marathon

Category:
Frauen W45

Total time: 5:03:06

Speed: 8.31 km/h
Running performance: 7:11 min/km

Rank in course/Total: 193 (of 311)

Rank in course/Women: 15 (of 32)

Best time in course: 3:54:55

Rank in category: 5(of 9)

Best time in the category: 4:02:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	5.27	35:46	6:47	5	6:10	19	9:33	5.27	35:46	6:47	5	6:10	16	
Runde	5.27	34:45	6:35	4	5:30	12	7:54	10.54	1:10:31	6:41	5	11:40	1	-
Runde	5.27	35:30	6:44	3	5:50	11	7:17	15.81	1:46:01	6:42	5	17:30	1	-
Runde	5.27	36:50	6:59	4	6:59	14	7:36	21.08	2:22:51	6:46	5	24:29	1	-
Runde	5.27	38:17	7:15	4	7:50	14	7:50	26.35	3:01:08	6:52	5	32:08	1	-
Runde	5.27	39:56	7:34	5	8:52	14	9:21	31.62	3:41:04	6:59	5	40:52	1	-
Runde	5.27	41:12	7:49	6	9:55	15	10:08	36.89	4:22:16	7:06	5	50:47	1	-
Runde	5.27	40:50	7:44	6	9:36	16	10:21	42.16	5:03:06	7:11	6	4:25:01	18	4:25:01