



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Heidrich, Volker

Club: Turngemeinde Gross Karben 1891 e.V.
Number: 127

Course: 21.08 km
Halbmarathon

Category:
Männer M55

Total time: 2:29:02

Speed: 8.45 km/h
Running performance: 7:04 min/km

Rank in course/Total: 27 (of 64)

Rank in course/Men: 26 (of 53)

Best time in course: 1:47:19

Rank in category: 4(of 10)

Best time in the category: 2:12:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	35:17	6:41	3	3:52	27	9:19	5.27	35:17	6:41	3	3:52	47	
Runde	5.27	36:16	6:52	5	4:45	31	10:05	10.54	1:11:33	6:47	4	8:37	48	
Runde	5.27	37:24	7:05	3	3:08	27	10:05	15.81	1:48:57	6:53	4	11:42	48	
Runde	5.27	40:05	7:36	5	6:09	31	39:37	21.08	2:29:02	7:04	3	16:29	25	41:43