



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Groß, Hans-Peter

Club: Rottweil

Number: 109

Course: 42.16 km

Marathon

Category:

Männer M45

Total time: 5:04:15

Speed: 8.28 km/h

Running performance: 7:13 min/km

Rank in course/Total: 195 (of 311)

Rank in course/Men: 180 (of 279)

Best time in course: 3:02:44

Rank in category: 43(of 62)

Best time in the category: 3:40:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	38:29	7:18	59	14:19	252	16:46	5.27	38:29	7:18	15	5:56	185	7:56
Runde	5.27	37:01	7:01	54	12:13	231	15:18	10.54	1:15:30	7:09	14	9:35	180	32:04
Runde	5.27	36:57	7:00	49	11:16	218	14:42	15.81	1:52:27	7:06	14	10:25	180	46:46
Runde	5.27	36:44	6:58	43	10:06	188	13:56	21.08	2:29:11	7:04	14	9:16	180	1:00:42
Runde	5.27	37:55	7:11	43	9:47	178	15:19	26.35	3:07:06	7:06	14	7:35	180	1:16:01
Runde	5.27	37:55	7:11	37	8:50	143	15:23	31.62	3:45:01	7:06	14	3:46	180	1:31:24
Runde	5.27	38:50	7:22	31	9:04	130	15:38	36.89	4:23:51	7:09	14		179	1:47:02
Runde	5.27	40:24	7:39	36	24:39	147	24:39	42.16	5:04:15	7:12	46	4:06:51	186	4:10:53