



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Lygan, Sven

Club: Dresden
Number: 231

Course: 42.16 km
Marathon

Category:
Männer M35

Total time: 5:04:54

Speed: 8.27 km/h
Running performance: 7:14 min/km

Rank in course/Total: 198 (of 311)

Rank in course/Men: 183 (of 279)

Best time in course: 3:02:44

Rank in category: 26(of 35)

Best time in the category: 3:26:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	34:12	6:29	27	10:51	185	12:29	5.27	34:12	6:29	1	-	189	3:39
Runde	5.27	33:54	6:25	27	9:18	180	12:11	10.54	1:08:06	6:27	9	3:27	183	24:40
Runde	5.27	34:55	6:37	29	10:07	184	12:40	15.81	1:43:01	6:30	9	1:18	183	37:20
Runde	5.27	36:02	6:50	27	10:31	178	13:14	21.08	2:19:03	6:35	9		183	50:34
Runde	5.27	39:44	7:32	28	13:40	205	17:08	26.35	2:58:47	6:47	9		183	1:07:42
Runde	5.27	39:52	7:33	26	13:33	176	17:20	31.62	3:38:39	6:54	9		183	1:25:02
Runde	5.27	42:20	8:01	25	15:14	173	19:08	36.89	4:20:59	7:04	9		182	1:44:10
Runde	5.27	43:55	8:20	25	17:17	185	28:10	42.16	5:04:54	7:13	27	4:03:11	189	4:11:32