



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Schudera, Matthias

Club: CaBa`s CaBaNauTeN
Number: 357

Course: 42.16 km
Marathon

Category:
Männer M45

Total time: 5:06:29

Speed: 8.25 km/h
Running performance: 7:16 min/km

Rank in course/Total: 199 (of 311)

Rank in course/Men: 184 (of 279)

Best time in course: 3:02:44

Rank in category: 44(of 62)

Best time in the category: 3:40:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	34:35	6:33	50	10:25	198	12:52	5.27	34:35	6:33	16	2:02	190	4:02
Runde	5.27	32:33	6:10	34	7:45	141	10:50	10.54	1:07:08	6:22	15	1:13	185	23:42
Runde	5.27	32:24	6:08	31	6:43	119	10:09	15.81	1:39:32	6:17	15		185	33:51
Runde	5.27	34:19	6:30	36	7:41	139	11:31	21.08	2:13:51	6:20	15		185	45:22
Runde	5.27	36:15	6:52	35	8:07	151	13:39	26.35	2:50:06	6:27	15		185	59:01
Runde	5.27	41:10	7:48	46	12:05	195	18:38	31.62	3:31:16	6:40	15		185	1:17:39
Runde	5.27	45:27	8:37	51	15:41	209	22:15	36.89	4:16:43	6:57	15		184	1:39:54
Runde	5.27	49:46	9:26	62	34:01	252	34:01	42.16	5:06:29	7:16	47	4:09:05	190	4:13:07