



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Schulz, Maik

Club: Flensburg
Number: 363

Course: 42.16 km
Marathon

Category:
Männer M35

Total time: 5:07:20

Speed: 8.20 km/h
Running performance: 7:17 min/km

Rank in course/Total: 202 (of 311)

Rank in course/Men: 187 (of 279)

Best time in course: 3:02:44

Rank in category: 27(of 35)

Best time in the category: 3:26:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	30:40	5:49	14	7:19	97	8:57	5.27	30:40	5:49	11	-	193	0:07
Runde	5.27	33:59	6:26	28	9:23	181	12:16	10.54	1:04:39	6:08	1	-	188	21:13
Runde	5.27	37:04	7:02	33	12:16	222	14:49	15.81	1:41:43	6:26	1	-	188	36:02
Runde	5.27	37:55	7:11	33	12:24	208	15:07	21.08	2:19:38	6:37	1	-	188	51:09
Runde	5.27	40:09	7:37	31	14:05	213	17:33	26.35	2:59:47	6:49	1	-	188	1:08:42
Runde	5.27	42:52	8:08	31	16:33	219	20:20	31.62	3:42:39	7:02	1	-	188	1:29:02
Runde	5.27	44:32	8:27	27	17:26	198	21:20	36.89	4:27:11	7:14	1	-	187	1:50:22
Runde	5.27	40:09	7:37	22	13:31	144	24:24	42.16	5:07:20	7:17	28	4:05:37	193	4:13:58