



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Krienke, Christian

Club: Robens Runner
Number: 195

Course: 42.16 km
Marathon

Category:
Männer M35

Total time: 5:17:33

Speed: 7.94 km/h
Running performance: 7:32 min/km

Rank in course/Total: 222 (of 311)

Rank in course/Men: 206 (of 279)

Best time in course: 3:02:44

Rank in category: 31(of 35)

Best time in the category: 3:26:19

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	5.27	31:47	6:01	20	8:26	136	10:04	5.27	31:47	6:01	15		70	1:14
Runde	5.27	31:42	6:00	17	7:06	122	9:59	10.54	1:03:29	6:01	14		207	20:03
Runde	5.27	32:27	6:09	18	7:39	120	10:12	15.81	1:35:56	6:04	14		207	30:15
Runde	5.27	34:57	6:37	24	9:26	159	12:09	21.08	2:10:53	6:12	14		207	42:24
Runde	5.27	39:51	7:33	29	13:47	208	17:15	26.35	2:50:44	6:28	2		134	59:39
Runde	5.27	45:45	8:40	32	19:26	245	23:13	31.62	3:36:29	6:50	14		207	1:22:52
Runde	5.27	51:43	9:48	33	24:37	259	28:31	36.89	4:28:12	7:16	14	1:01	206	1:51:23
Runde	5.27	49:21	9:21	32	22:43	246	33:36	42.16	5:17:33	7:31	32	4:15:50	212	4:24:11