



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Gully, Philippe

Club: USSE
Number: 113

Course: 21.08 km
Halbmarathon

Category:
Männer M55

Total time: 2:29:04

Speed: 8.45 km/h
Running performance: 7:04 min/km

Rank in course/Total: 30 (of 64)

Rank in course/Men: 29 (of 53)

Best time in course: 1:47:19

Rank in category: 7(of 10)

Best time in the category: 2:12:33

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	35:35	6:45	6	4:10	30	9:37	5.27	35:35	6:45	7	4:10	51	
Runde	5.27	35:58	6:49	3	4:27	27	9:47	10.54	1:11:33	6:47	4	8:37	48	
Runde	5.27	37:25	7:05	5	3:09	29	10:06	15.81	1:48:58	6:53	6	11:43	50	
Runde	5.27	40:06	7:36	6	6:10	32	39:38	21.08	2:29:04	7:04	6	16:31	28	41:45