



10. Unter-Tage Sparkassen Marathon  
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

König, Uwe

Club: TVG Kaiserau  
Number: 191

Course: 42.16 km  
Marathon

Category:  
Männer M50

Total time: 5:21:36

Speed: 7.84 km/h  
Running performance: 7:38 min/km

Rank in course/Total: 227 (of 311)

Rank in course/Men: 211 (of 279)

Best time in course: 3:02:44

Rank in category: 31(of 47)

Best time in the category: 3:29:07

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	34:48	6:36	28	9:33	200	13:05	5.27	34:48	6:36	8	1:59	217	4:15
Runde	5.27	34:37	6:34	29	9:36	188	12:54	10.54	1:09:25	6:35	8	1:39	212	25:59
Runde	5.27	35:18	6:41	30	9:16	187	13:03	15.81	1:44:43	6:37	8	0:41	212	39:02
Runde	5.27	37:31	7:07	31	11:35	200	14:43	21.08	2:22:14	6:44	8		212	53:45
Runde	5.27	41:24	7:51	37	15:05	226	18:48	26.35	3:03:38	6:58	8		212	1:12:33
Runde	5.27	45:49	8:41	42	18:32	246	23:17	31.62	3:49:27	7:15	8		212	1:35:50
Runde	5.27	46:49	8:53	34	19:10	219	23:37	36.89	4:36:16	7:29	8		211	1:59:27
Runde	5.27	45:20	8:36	32	19:42	203	29:35	42.16	5:21:36	7:37	31	1:52:29	217	4:28:14