



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Gerstberger, Werner

Club: CaBa`s CaBaNauTeN
Number: 97

Course: 42.16 km
Marathon

Category:
Männer M40

Total time: 5:21:57

Speed: 7.83 km/h
Running performance: 7:38 min/km

Rank in course/Total: 228 (of 311)

Rank in course/Men: 212 (of 279)

Best time in course: 3:02:44

Rank in category: 47(of 62)

Best time in the category: 3:33:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	32:37	6:11	37	9:51	152	10:54	5.27	32:37	6:11	1	-	174	2:04
Runde	5.27	32:24	6:08	34	8:43	138	10:41	10.54	1:05:01	6:10	1	-	213	21:35
Runde	5.27	34:29	6:32	40	9:46	172	12:14	15.81	1:39:30	6:17	1	-	139	33:49
Runde	5.27	37:45	7:09	47	11:59	205	14:57	21.08	2:17:15	6:30	1	-	213	48:46
Runde	5.27	42:43	8:06	53	16:13	239	20:07	26.35	2:59:58	6:49	1	-	213	1:08:53
Runde	5.27	44:19	8:24	51	16:10	234	21:47	31.62	3:44:17	7:05	1	-	213	1:30:40
Runde	5.27	47:22	8:59	50	18:55	228	24:10	36.89	4:31:39	7:21	1	-	212	1:54:50
Runde	5.27	50:18	9:32	56	23:18	257	34:33	42.16	5:21:57	7:38	48	4:28:35	218	4:28:35