



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Schwochert, Marcus

Club: Berlin
Number: 373

Course: 42.16 km
Marathon

Category:
Männer M40

Total time: 5:25:19

Speed: 7.75 km/h
Running performance: 7:43 min/km

Rank in course/Total: 234 (of 311)

Rank in course/Men: 218 (of 279)

Best time in course: 3:02:44

Rank in category: 49(of 62)

Best time in the category: 3:33:30

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Runde	5.27	36:53	6:59	52	14:07	230	15:10	5.27	36:53	6:59	19	4:16	224	6:20
Runde	5.27	37:57	7:12	55	14:16	245	16:14	10.54	1:14:50	7:05	19	9:49	219	31:24
Runde	5.27	42:15	8:01	61	17:32	273	20:00	15.81	1:57:05	7:24	19	17:35	219	51:24
Runde	5.27	41:43	7:54	60	15:57	264	18:55	21.08	2:38:48	7:31	19	21:33	219	1:10:19
Runde	5.27	41:40	7:54	50	15:10	228	19:04	26.35	3:20:28	7:36	19	20:30	219	1:29:23
Runde	5.27	41:56	7:57	45	13:47	208	19:24	31.62	4:02:24	7:39	19	18:07	219	1:48:47
Runde	5.27	43:40	8:17	43	15:13	188	20:28	36.89	4:46:04	7:45	19	14:25	218	2:09:15
Runde	5.27	39:15	7:26	32	12:15	136	23:30	42.16	5:25:19	7:42	50	4:31:57	224	4:31:57