



10. Unter-Tage Sparkassen Marathon
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

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Club: LT Nauen-Falkensee
Number: 160

Course: 42.16 km
Marathon

Category:
Frauen W55

Total time: 5:32:02

Speed: 7.59 km/h
Running performance: 7:53 min/km

Rank in course/Total: 250 (of 311)

Rank in course/Women: 21 (of 32)

Best time in course: 3:54:55

Rank in category: 2(of 3)

Best time in the category: 5:30:41

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Runde	5.27	34:01	6:27	1	-	12	7:48	5.27	34:01	6:27	2		10	
Runde	5.27	35:53	6:48	1	-	14	9:02	10.54	1:09:54	6:37	2		10	
Runde	5.27	37:51	7:10	1	-	18	9:38	15.81	1:47:45	6:48	2		10	1:44
Runde	5.27	43:29	8:15	3	3:09	28	14:15	21.08	2:31:14	7:10	2		10	8:23
Runde	5.27	42:01	7:58	1	-	20	11:34	26.35	3:13:15	7:20	2		10	12:07
Runde	5.27	43:11	8:11	1	-	20	12:36	31.62	3:56:26	7:28	2		10	15:22
Runde	5.27	46:07	8:45	2	1:07	21	15:03	36.89	4:42:33	7:39	2		10	20:17
Runde	5.27	49:29	9:23	2	6:08	26	19:00	42.16	5:32:02	7:52	2	1:21	24	4:53:57