



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Wilde, Wolfgang

Club: LT Nauen-Falkensee
Number: 434

Course: 42.16 km
Marathon

Category:
Männer M55

Total time: 5:32:03

Speed: 7.62 km/h
Running performance: 7:53 min/km

Rank in course/Total: 251 (of 311)

Rank in course/Men: 230 (of 279)

Best time in course: 3:02:44

Rank in category: 12(of 15)

Best time in the category: 4:16:29

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	5.27	34:01	6:27	7	6:20	178	12:18	5.27	34:01	6:27	12	6:20	236	3:28
Runde	5.27	35:52	6:48	8	7:56	212	14:09	10.54	1:09:53	6:37	12	14:16	231	26:27
Runde	5.27	37:52	7:11	10	9:21	236	15:37	15.81	1:47:45	6:48	12	23:37	231	42:04
Runde	5.27	43:29	8:15	15	13:52	271	20:41	21.08	2:31:14	7:10	12	37:29	231	1:02:45
Runde	5.27	42:01	7:58	12	11:54	233	19:25	26.35	3:13:15	7:20	12	47:23	231	1:22:10
Runde	5.27	43:10	8:11	10	10:54	223	20:38	31.62	3:56:25	7:28	12	53:23	231	1:42:48
Runde	5.27	46:06	8:44	12	10:09	217	22:54	36.89	4:42:31	7:39	12	1:02:13	230	2:05:42
Runde	5.27	49:32	9:23	13	13:21	249	33:47	42.16	5:32:03	7:52	12	1:15:34	236	4:38:41