



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Hecking, Sven

Club: Hamburg
Number: 125

Course: 42.16 km
Marathon

Category:
Männer M35

Total time: 5:33:04

Speed: 7.57 km/h
Running performance: 7:54 min/km

Rank in course/Total: 254 (of 311)

Rank in course/Men: 233 (of 279)

Best time in course: 3:02:44

Rank in category: 33(of 35)

Best time in the category: 3:26:19

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Runde	5.27	35:17	6:41	30	11:56	211	13:34	5.27	35:17	6:41	17	1:05	239	4:44
Runde	5.27	33:33	6:21	26	8:57	171	11:50	10.54	1:08:50	6:31	16	4:11	75	25:24
Runde	5.27	34:18	6:30	28	9:30	165	12:03	15.81	1:43:08	6:31	16	1:25	234	37:27
Runde	5.27	36:31	6:55	28	11:00	184	13:43	21.08	2:19:39	6:37	16	0:01	234	51:10
Runde	5.27	43:02	8:09	33	16:58	243	20:26	26.35	3:02:41	6:55	16	2:54	234	1:11:36
Runde	5.27	46:30	8:49	33	20:11	251	23:58	31.62	3:49:11	7:14	16	6:32	234	1:35:34
Runde	5.27	52:06	9:53	34	25:00	263	28:54	36.89	4:41:17	7:37	16	14:06	233	2:04:28
Runde	5.27	51:47	9:49	34	25:09	266	36:02	42.16	5:33:04	7:54	34	4:31:21	239	4:39:42