



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Schwibs, Elisabeth

Club: Stralsund Guest Runners
Number: 372

Course: 42.16 km
Marathon

Category:
Frauen W20

Total time: 5:34:27

Speed: 7.53 km/h
Running performance: 7:56 min/km

Rank in course/Total: 260 (of 311)

Rank in course/Women: 22 (of 32)

Best time in course: 3:54:55

Rank in category: 3(of 4)

Best time in the category: 4:46:41

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Runde	5.27	41:36	7:53	3	8:52	28	15:23	5.27	41:36	7:53	3	8:52	9	4:17
Runde	5.27	38:39	7:20	3	4:48	23	11:48	10.54	1:20:15	7:36	3	13:40	9	9:44
Runde	5.27	39:41	7:31	3	6:11	23	11:28	15.81	1:59:56	7:35	3	19:51	9	13:55
Runde	5.27	37:52	7:11	3	3:30	16	8:38	21.08	2:37:48	7:29	3	23:21	9	14:57
Runde	5.27	40:32	7:41	3	5:49	18	10:05	26.35	3:18:20	7:31	3	29:10	9	17:12
Runde	5.27	41:53	7:56	3	4:16	18	11:18	31.62	4:00:13	7:35	3	33:26	9	19:09
Runde	5.27	47:16	8:58	3	8:46	22	16:12	36.89	4:47:29	7:47	3	41:58	9	25:13
Runde	5.27	46:58	8:54	3	10:11	23	16:29	42.16	5:34:27	7:55	3	47:46	25	4:56:22