



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Beelitz, Ralf

Club: Berlin
Number: 17

Course: 42.16 km
Marathon

Category:
Männer M45

Total time: 5:35:29

Speed: 7.54 km/h
Running performance: 7:58 min/km

Rank in course/Total: 264 (of 311)

Rank in course/Men: 241 (of 279)

Best time in course: 3:02:44

Rank in category: 53(of 62)

Best time in the category: 3:40:26

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	5.27	37:35	7:07	57	13:25	245	15:52	5.27	37:35	7:07	25	5:02	247	7:02
Runde	5.27	39:38	7:31	58	14:50	263	17:55	10.54	1:17:13	7:19	24	11:18	242	33:47
Runde	5.27	39:23	7:28	58	13:42	256	17:08	15.81	1:56:36	7:22	24	14:34	242	50:55
Runde	5.27	41:33	7:53	57	14:55	257	18:45	21.08	2:38:09	7:30	24	18:14	242	1:09:40
Runde	5.27	42:49	8:07	54	14:41	241	20:13	26.35	3:20:58	7:37	24	21:27	242	1:29:53
Runde	5.27	44:39	8:28	55	15:34	236	22:07	31.62	4:05:37	7:46	24	24:22	242	1:52:00
Runde	5.27	44:55	8:31	50	15:09	205	21:43	36.89	4:50:32	7:52	24	25:35	241	2:13:43
Runde	5.27	44:57	8:31	51	29:12	198	29:12	42.16	5:35:29	7:57	56	4:38:05	247	4:42:07