



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Scarpino, Gerardo

Club: Wolfsburg
Number: 325

Course: 42.16 km
Marathon

Category:
Männer M45

Total time: 5:37:38

Speed: 7.46 km/h
Running performance: 8:01 min/km

Rank in course/Total: 266 (of 311)

Rank in course/Men: 243 (of 279)

Best time in course: 3:02:44

Rank in category: 54(of 62)

Best time in the category: 3:40:26

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	5.27	37:35	7:07	57	13:25	245	15:52	5.27	37:35	7:07	25	5:02	247	7:02
Runde	5.27	37:27	7:06	55	12:39	235	15:44	10.54	1:15:02	7:07	25	9:07	244	31:36
Runde	5.27	38:41	7:20	55	13:00	247	16:26	15.81	1:53:43	7:11	25	11:41	244	48:02
Runde	5.27	40:35	7:42	55	13:57	245	17:47	21.08	2:34:18	7:19	25	14:23	244	1:05:49
Runde	5.27	42:49	8:07	54	14:41	241	20:13	26.35	3:17:07	7:28	25	17:36	244	1:26:02
Runde	5.27	45:42	8:40	57	16:37	244	23:10	31.62	4:02:49	7:40	25	21:34	244	1:49:12
Runde	5.27	48:01	9:06	56	18:15	237	24:49	36.89	4:50:50	7:53	25	25:53	243	2:14:01
Runde	5.27	46:48	8:52	57	31:03	224	31:03	42.16	5:37:38	8:00	57	4:40:14	249	4:44:16