



10. Unter-Tage Sparkassen Marathon
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Perpeet, Stephan

Club: Hannover
Number: 284

Course: 42.16 km
Marathon

Category:
Männer M45

Total time: 5:39:12

Speed: 7.43 km/h
Running performance: 8:03 min/km

Rank in course/Total: 269 (of 311)

Rank in course/Men: 246 (of 279)

Best time in course: 3:02:44

Rank in category: 55(of 62)

Best time in the category: 3:40:26

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	5.27	37:21	7:05	55	13:11	236	15:38	5.27	37:21	7:05	27	4:48	252	6:48
Runde	5.27	39:36	7:30	57	14:48	262	17:53	10.54	1:16:57	7:18	26	11:02	247	33:31
Runde	5.27	39:35	7:30	59	13:54	261	17:20	15.81	1:56:32	7:22	26	14:30	247	50:51
Runde	5.27	41:34	7:53	58	14:56	259	18:46	21.08	2:38:06	7:30	26	18:11	247	1:09:37
Runde	5.27	44:14	8:23	57	16:06	252	21:38	26.35	3:22:20	7:40	26	22:49	247	1:31:15
Runde	5.27	45:35	8:38	56	16:30	242	23:03	31.62	4:07:55	7:50	26	26:40	247	1:54:18
Runde	5.27	47:33	9:01	55	17:47	231	24:21	36.89	4:55:28	8:00	26	30:31	246	2:18:39
Runde	5.27	43:44	8:17	48	27:59	182	27:59	42.16	5:39:12	8:02	58	4:41:48	252	4:45:50