



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Renner, Marc

Club: SC Janus
Number: 311

Course: 42.16 km
Marathon

Category:
Männer M40

Total time: 5:43:09

Speed: 7.34 km/h
Running performance: 8:08 min/km

Rank in course/Total: 276 (of 311)

Rank in course/Men: 253 (of 279)

Best time in course: 3:02:44

Rank in category: 56(of 62)

Best time in the category: 3:33:30

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	5.27	43:14	8:12	62	20:28	279	21:31	5.27	43:14	8:12	26	10:37	259	12:41
Runde	5.27	39:52	7:33	58	16:11	264	18:09	10.54	1:23:06	7:53	26	18:05	254	39:40
Runde	5.27	37:38	7:08	54	12:55	234	15:23	15.81	2:00:44	7:38	26	21:14	254	55:03
Runde	5.27	39:34	7:30	53	13:48	231	16:46	21.08	2:40:18	7:36	26	23:03	254	1:11:49
Runde	5.27	42:32	8:04	52	16:02	236	19:56	26.35	3:22:50	7:41	26	22:52	254	1:31:45
Runde	5.27	45:01	8:32	52	16:52	238	22:29	31.62	4:07:51	7:50	26	23:34	254	1:54:14
Runde	5.27	47:36	9:01	51	19:09	232	24:24	36.89	4:55:27	8:00	26	23:48	253	2:18:38
Runde	5.27	47:42	9:03	49	20:42	231	31:57	42.16	5:43:09	8:08	57	4:49:47	259	4:49:47