



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Uhlhorn, Kurt

Club: Kronos Aktiv
Number: 414

Course: 42.16 km
Marathon

Category:
Männer M50

Total time: 5:46:20

Speed: 7.30 km/h
Running performance: 8:13 min/km

Rank in course/Total: 281 (of 311)

Rank in course/Men: 257 (of 279)

Best time in course: 3:02:44

Rank in category: 43(of 47)

Best time in the category: 3:29:07

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	5.27	38:41	7:20	43	13:26	256	16:58	5.27	38:41	7:20	20	5:52	263	8:08
Runde	5.27	40:04	7:36	45	15:03	265	18:21	10.54	1:18:45	7:28	20	10:59	258	35:19
Runde	5.27	39:23	7:28	42	13:21	256	17:08	15.81	1:58:08	7:28	20	14:06	258	52:27
Runde	5.27	41:09	7:48	42	15:13	255	18:21	21.08	2:39:17	7:33	20	16:50	258	1:10:48
Runde	5.27	43:21	8:13	42	17:02	246	20:45	26.35	3:22:38	7:41	20	14:17	258	1:31:33
Runde	5.27	45:36	8:39	41	18:19	243	23:04	31.62	4:08:14	7:51	20	13:27	258	1:54:37
Runde	5.27	48:40	9:14	42	21:01	245	25:28	36.89	4:56:54	8:02	20	14:31	257	2:20:05
Runde	5.27	49:26	9:22	39	23:48	247	33:41	42.16	5:46:20	8:12	43	2:17:13	263	4:52:58