



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Meyer, Hans-Joachim

Club: 100 Marathon Club
Number: 246

Course: 42.16 km
Marathon

Category:
Männer M70

Total time: 6:04:55

Speed: 6.91 km/h
Running performance: 8:40 min/km

Rank in course/Total: 299 (of 311)

Rank in course/Men: 272 (of 279)

Best time in course: 3:02:44

Rank in category: 1(of 1)

Best time in the category: 6:04:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	40:19	7:39	1	-	275	18:36	5.27	40:19	7:39	1	-	278	9:46
Runde	5.27	39:13	7:26	1	-	257	17:30	10.54	1:19:32	7:32	1	-	273	36:06
Runde	5.27	41:14	7:49	1	-	270	18:59	15.81	2:00:46	7:38	1	-	263	55:05
Runde	5.27	42:50	8:07	1	-	269	20:02	21.08	2:43:36	7:45	1	-	273	1:15:07
Runde	5.27	49:31	9:23	1	-	272	26:55	26.35	3:33:07	8:05	1	-	273	1:42:02
Runde	5.27	50:39	9:36	1	-	268	28:07	31.62	4:23:46	8:20	1	-	273	2:10:09
Runde	5.27	50:04	9:30	1	-	251	26:52	36.89	5:13:50	8:30	1	-	272	2:37:01
Runde	5.27	51:05	9:41	1	-	261	35:20	42.16	6:04:55	8:39	1	-	278	5:11:33