



10. Unter-Tage Sparkassen Marathon  
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Rattmann, Ellen

Club: Gotha  
Number: 305

Course: 21.08 km  
Halbmarathon

Category:  
Frauen W45

Total time: 2:39:21

Speed: 7.91 km/h  
Running performance: 7:34 min/km

Rank in course/Total: 44 (of 64)  
Rank in course/Women: 7 (of 11)  
Best time in course: 2:23:29

Rank in category: 2(of 3)  
Best time in the category: 2:35:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	5.27	34:56	6:37	1	-	1	-	5.27	34:56	6:37	1	-	4	
Runde	5.27	38:37	7:19	2	0:40	8	3:40	10.54	1:13:33	6:58	1	-	4	2:58
Runde	5.27	41:15	7:49	3	2:31	7	5:09	15.81	1:54:48	7:15	1	-	4	8:07
Runde	5.27	44:33	8:27	3	4:29	8	7:45	21.08	2:39:21	7:33	2	3:51	7	15:52