



10. Unter-Tage Sparkassen Marathon
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Blumensaat, Susanne

Club: schritt-weise.de
Number: 416

Course: 21.08 km
Halbmarathon

Category:
Frauen W45

Total time: 2:39:46

Speed: 7.89 km/h
Running performance: 7:35 min/km

Rank in course/Total: 45 (of 64)

Rank in course/Women: 8 (of 11)

Best time in course: 2:23:29

Rank in category: 3(of 3)

Best time in the category: 2:35:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	5.27	39:53	7:34	3	4:57	9	4:57	5.27	39:53	7:34	2	4:57	5	4:15
Runde	5.27	39:34	7:30	3	1:37	9	4:37	10.54	1:19:27	7:32	2	5:54	5	8:52
Runde	5.27	39:55	7:34	2	1:11	4	3:49	15.81	1:59:22	7:33	2	4:34	5	12:41
Runde	5.27	40:24	7:39	2	0:20	5	3:36	21.08	2:39:46	7:34	3	4:16	8	16:17