



10. Unter-Tage Sparkassen Marathon
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Schotten, Bernd

Club: Berufsfeuerwehr Mönchengladbach
Number: 354

Course: 21.08 km
Halbmarathon

Category:
Männer M35

Total time: 2:42:47

Speed: 7.74 km/h
Running performance: 7:43 min/km

Rank in course/Total: 47 (of 64)

Rank in course/Men: 39 (of 53)

Best time in course: 1:47:19

Rank in category: 7(of 8)

Best time in the category: 1:47:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	39:07	7:25	7	12:51	44	13:09	5.27	39:07	7:25	4	9:40	6	
Runde	5.27	39:00	7:24	7	12:49	39	12:49	10.54	1:18:07	7:24	4	19:48	6	
Runde	5.27	40:02	7:35	7	12:42	37	12:43	15.81	1:58:09	7:28	4	30:01	7	
Runde	5.27	44:38	8:28	7	17:06	40	44:10	21.08	2:42:47	7:43	7	55:28	39	55:28